

North Shore Centre

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Centre Hours Mon/Tues/Thurs 11am to 3pm Wednesday 11am to 8pm Friday 10am to 2pm Sat & Sun 10am to 2pm</p>			<p>Avalon North Shore 604.913.0477</p>		<p>1 10am - Al-Anon 12:15pm - AA</p>	<p>2 10:30am - Big Book 12:15pm - AA</p>
<p>3 Daylight Saving (end) 12:15pm - AA</p>	<p>4 12:15pm - AA</p>	<p>5 12:15pm - AA 7:00pm - AA Step</p>	<p>6 12:15pm - AA 5:45pm - SMART Recovery 7:00pm - CODA</p>	<p>7 12:15pm - AA</p>	<p>8 10am - Al-Anon 12:15pm - AA</p>	<p>9 10:30am - Big Book 12:15pm - AA</p>
<p>10 11:00am - YOGA 12:15pm - AA</p>	<p>11 Veterans Day 12:15pm - AA</p>	<p>12 12:15pm - AA 7:00pm - AA Step</p>	<p>13 12:15pm - AA 5:45pm - SMART Recovery 7:00pm - CODA</p>	<p>14 12:15pm - AA</p>	<p>15 10am - Al-Anon 12:15pm - AA</p>	<p>16 10:30am - Big Book 12:15pm - AA</p>
<p>17 11:00am - YOGA 12:15pm - AA</p>	<p>18 12:15pm - AA</p>	<p>19 12:15pm - AA 7:00pm - AA Step</p>	<p>20 12:15pm - AA 5:45pm - SMART Recovery 7:00pm - CODA</p>	<p>21 12:15pm - AA</p>	<p>22 10am - Al-Anon 12:15pm - AA</p>	<p>23 10:30am - Big Book 12:15pm - AA</p>
<p>24 11:00am - YOGA 12:15pm - AA</p>	<p>25 12:15pm - AA</p>	<p>26 12:15pm - AA 7:00pm - AA Step</p>	<p>27 12:15pm - AA 5:45pm - SMART Recovery 7:00pm - CODA</p>	<p>28 12:15pm - AA</p>	<p>29 10am - Al-Anon 12:15pm - AA</p>	<p>30 10:30am - Big Book 12:15pm - AA</p>